

## PROVIDER ALERT

Youth Empowerment Services (YES)
July 1, 2018 Implementation

May 15, 2018

Dear Providers,

In our continued commitment to keep you updated regarding Youth Empowerment Services (YES), we are notifying you of changes to the Idaho Behavioral Health Plan (IBHP), effective July 1, 2018.

This implementation includes new services and updates to some current services, resulting in revisions to the Level of Care Guidelines (LOCG's), Provider Manual and Fee Schedule. Training & Education opportunities and resources will be offered by Optum as the new and updated services are implemented.

## **New & Updated Services**

The new services being implemented **effective July 1, 2018** include the following:

- The Child & Adolescent Needs & Strengths (CANS), the State approved Functional Assessment tool
- <u>Case Consultation</u>, which reimburses providers for time spent on formal consultation with other professionals not in the same agency regarding a member's care; and
- <u>Child & Family Team (CFT) Interdisciplinary Team Meeting</u>, which reimburses providers for time spent in meetings with formal Child & Family Teams.

Existing services will be updated to include language from the Jeff D. Settlement Agreement, along with other clarifications on service delivery:

- <u>Skills Building/CBRS</u>, which focuses on building a youth's competency and skills while increasing functionality in social, communication, rehabilitation, behavioral, or other skills while decreasing behavioral health symptoms;
- Respite, short-term, temporary care for a youth with serious emotional disturbance; and
- Outpatient Services, services such as Treatment Planning used to treat mental health conditions.

**The LOCGs** for the new and updated services will be posted on the Optum Idaho website on June 1, 2018. Please review the LOCGs at *optumidaho.com* > "Network Providers" > "Guidelines & Policies" > "Level of Care Guidelines Documents".

**The Provider Manual** is being updated to include the information for YES services and will be available online July 1, 2018. The Provider Manual is located on our website: *optumidaho.com* > "For Network Providers" > "Guidelines and Policies" > "Provider Manual".

Please reach out to **optum.idaho.yes@optum.com** if you have any questions about the changes to these documents.

## Fee Schedule

Below are fee schedule changes that will be effective July 1, 2018.

Code	Description	MD	PhD	Master's	APRN	
	Masters Level - Independently Licensed or Masters with Supervisory Protocol					
H0031	CANS Assessment per 15 min. (10 hr. per year per member)	\$31.04	\$23.22	\$20.80	\$20.80	
G9007	CFT Interdisciplinary Team Meeting, per 15 min. (8 hr. per year per member)	\$31.04	\$23.22	\$20.80	\$20.80	
H0032	Individualized BH Treatment Plan / Teaming, per 15 min. (8 hr. per year per member)	\$31.04	\$23.22	\$20.80	\$20.80	
90882	Case Consultation, per 15 min. (4 hr. per year per member)	\$20.18	\$15.09	\$13.52	\$13.52	
Qualified Paraprofessional — Paraprofessional under Supervisory Protocol						
G9007	CFT Interdisciplinary Team Meeting, per 15 min.	\$13.63 (can be billed on same day as clinical staff)				
H0032	Individualized BH Treatment Plan / Teaming per 15 min.	\$13.63 (can be billed on same day as clinical staff)				
H2017	Skills Building/CBRS, per 15 min. (authorized service)	\$13.63 (when service is authorized)				
Respite Care – High School Diploma/GED minimum						
S5150	Respite care, individual/group, per 15 min. (Cap = 300 hr. per year)	\$7.55 individual / \$3.75 group				

The guidelines for utilization are indicated for each service (above) and will be included on the fee schedule. These guidelines will be monitored and adjusted appropriately as the services are implemented and the appropriate level of utilization is determined. Optum will analyze claims information to identify outlier cases that may benefit from a clinical review. Respite Services are capped at 300 hours.

More information on the codes and their appropriate use will be provided in the Navigation training described below and also included on the fee schedules published in advance of the July 1, 2018 implementation.

## **Training & Education**

We are excited to announce that the Optum Idaho Education Department is developing a resource library of free and paid resources for Evidence-Based Practices (EBP) which will be available under the "Network Providers" tab at *optumidaho.com*. Please look for this clearinghouse of EBP resources on **July 1, 2018**.

Below you will find a list of our available and upcoming on-demand and in-person trainings. Consult our website, *optumidaho.com* > "Network Providers" > "Provider Trainings" for more information or to register.

Training	Туре	Date Available	Location
Respite Workers	Online	Immediately	Relias
CANS	Online	Immediately	tcomtraining.com
CANS Workshops*	In person	Varies by location	Boise, Pocatello, Moscow
Skills Building Training	Teleconference**	5/15/18 & 5/17/18	WebEx
YES Navigation Series	Teleconference**	6/14/18 & 6/20/18	WebEx

<sup>\*</sup>The CANS in person workshops provide in-depth, experiential learning to support the CANS certification process and count toward annual CEUs. Providers will need to obtain CANS certification online at tcomtraining.com.

The Optum Idaho Team

<sup>\*\*</sup> Recordings from the teleconferences will be made available after each training is complete.